

Massage Intake Form

Personal Information Name ______ Phone (day) ______ (evening) _____ Address ______ City/State/Zip _____ DOB ____ Occupation _____ Employer _____ Primary Physician _____ Emergency Contact _____ Relationship _____ Phone _____ How did you hear about us? **Health Information** Massage Information Are you taking any medications? yes no Have you had a professional massage before? If yes, please list name and use: yes no What type of massage are you seeking? Relaxation ☐ Theraputic/Deep Tissue If yes, how far along? Any high risk factors? What pressure do you prefer? Do you suffer from chronic pain? ves no Light Medium Deep If yes, please explain: Do you have any allergies or sensitivities? What makes it better? yes no Please explain _____ What makes it worse? What are your goals for this treatment session? Have you had any orthopedic injuries? \square yes \square no Please circle any areas of discomfort: If yes, please list: Please indicate any of the following that apply to you. Cancer Fibromyalgia ☐ Headaches/Migraines Stroke Arthritis Heart Attack Diabetes ☐ Kidney Dysfunction ☐ Joint Replacement(s) Blood Clots Neuropathy Numbness ☐ High/Low Blood Pressure Sprains or Strains By signing below, you agree to the following. I have completed this form to the best of my ability and knowledge Explain any conditions you have marked above: and agree to inform my Reflexologist if any of the above information changes at any time. Client Signature ______ Date _____ ______ Date _____ Parental Signature



Policy Notification

We appreciate that you've chosen us for your massage and bodywork needs. To provide the best service possible to our clients we have implemented the following policies

Cancellation Policy

We respectfully ask that you provide us with a 24 hour notice of any schedule changes or cancellation request. Please understand that when you cancel or miss your appointment without providing a 24 hour notice we are often unable to fill that appointment time. This is an inconvenience to your therapist and also means our other clients miss the chance to receive services they need. For this reason, you will be charged 50% of the service fee for the first missed session and 100% of the service fee for each session after that. We also reserve the right to require a credit card number to be given to book future appointments so that appropriate fees may be charged if a late cancellation does occur.

We understand that emergencies can arise and illness es do occur at inopportune times. If you have a fever, a known infection, or have experienced vomiting or diarrhea within 24 hours prior to your appointment time, we request you cancel your session. Inclement weather may also result in need for late cancellations. We will do our best to give advanced notice if we are closing or need to cancel due to bad weather and we ask that you do the same. Please do not risk your own safety trying to make your appointment. Late cancellation due to emergency, illness, or inclement weather will generally not result in any missed session charges, but this is determined on a case-by-case basis.

Late Arrival Policy

We request that you arrive 5-10 minutes prior to your appointment time to allow time to fill out any required paperwork as well as answer any intake questions your therapist may have. We understand that issues can arise that may cause you to be late for your appointment. However, we ask that you call to inform us if this ever occurs so we can do our best to accommodate you. Appointment times are reserved for each client, so oftentimes we cannot exceed that reserved time without making the next client late. For this reason, arriving after your appointment time may result in loss of time from your massage so that your session ends at the scheduled time. Full service fees will be charged even when sessions are shortened due to late arrival. In return we will do our best to be on time, and if we are unable to do so we will add time to your session to make up for our late arrival or adjust the service charge accordingly.

Inappropriate Behavior Policy

Massage therapy is for relaxation and therapeutic purposes only. There is absolutely no sexual component to massage whatsoever. Any insinuation, joke, gesture, conversation, or request otherwise will result in immediate termination of your session and refusal of any and all services inthe future. You will be charged the full service fee regardless of the length of your session. Depending on the behavior exhibited we may also file a report with the local authorities if necessary.

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By signing below, you agree to abide by these pol	icies.		